

# Transforming Wellness Services\*

Choose from any of the services below or enjoy a healing Program with several services integrated to amplify holistic results.

- Medical Qi Gong Therapist
- Reflexology Body, Foot, Ear
- Registered Nurse (Austria)
- Reiki Healing
- Aura Soma Therapist
- Feng Shui Master Teacher and Practitioner
- Jin Shin Jyutsu
- Daoist Minister and Doctor of Divinity

Certified Hypnotist and Special Licenses

- Pain Control Management
- Children Motivational Specialist
- Cancer and AIDS
- Past Life Regression

## Contact Information

MARGIT HERBURGER  
Wellness Coach  
CHT, MQP, DD, RN

Call 647 261-3733

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[info@lifeisvaluable.com](mailto:info@lifeisvaluable.com)



## Breakthrough To A Vibrant And Healthy You

There is hope for change; illness and habits do not have to control your life.



### \* What You Can Expect

The modalities offered support healing and growth for the mind, body, emotions, and higher self.

These services can be used to complement medical treatment but should not replace them without your doctor's consent. Results will vary depending on the individual's choice to follow instructions for making lifestyle changes to support therapies in progress.



life is valuable

## Freedom From Illness Is Possible



## Outgrowing Limitations Is Amazing!



## Personalized Healing Is The Answer



### Have You Ever Wondered...

What your life would be like if that one important thing would change?

Would your relationships change? Would you be more active? Are there goals you would achieve? Would there be more strength and energy to express who you are?

### What Would You Have More Of?

Your mind, body and emotions all strongly desire to return to their natural state of balance and energy. When illness and poor habits take us away from being our best it's natural to seek out healing.

Life Is Valuable has a wide variety of modalities to help bring out your true self. Eastern and Western traditions can help you recover with gentle or more vigorous treatments and find the freedom you want.

### Change Habits

Remove behaviors and heal thought patterns. Enjoy a life without restriction holding you back.

### Heal Chronic Conditions

As a supplement to medical treatment, it can be possible to find relief with natural therapies.

### Find Pain Relief

Release the heavy burden of pain. Freedom from emotional and physical discomfort is possible.

### Enjoy Emotional Breakthroughs

Behind every barrier that holds you back is the potential for freedom and potential. We can help.

### Embrace Change Peacefully

Transitional periods can be difficult. With guidance a new, positive, and energetic tomorrow is possible.

### Passive Gentle Programs

There are times when we need help to make a change so we can heal and find strength after a journey of emotional or physical illness.

These are times when gentle counselling, Medical Qi Gong and hypnotherapy can assist you in softly moving towards the change you desire.

### Active Transitional Programs

Getting fed-up with a mental, physical or spiritual barrier is a great place to be. That frustration can be transformed into a powerful vehicle for change.

Together, we will work on healing exercises that help you build energy, embrace personal lessons, and overcome inner blocks that hold you back.

### Healing Is A Priceless Gift You Deserve